



# Detroit2Nepal Foundation Newsletter

June 2014

Namaste!

There is so much I am proud of and looking forward to... Bike Day, The Long Term Follow Up Clinic, our projects in Nepal: the hydroelectric project, the toilet projects and the ongoing construction of the first sub-health post and the Birmingham Bike Festival (information on reverse side).

Thanks for supporting us in both Nepal and Detroit.

Richard



## FACES OF D2N



D2N has been granted \$15,300 from Ronald McDonald House Charities for the custom adaptive bike program.

Dear Debbie:

Please send along our heartfelt gratitude to Dr. Main and Nurse Lisa and the wonderful staffs at the (Long Term Follow Up Clinic) and the Peds Rehab Department, as well as to all your wonderful, generous donors for giving our son the bike of his dreams.

He loves riding this bike. Because of your donors kind generosity he gets to enjoy so many of the freedoms and joys of bike riding (and life!) that he would have missed otherwise. As he peddles as fast as he can he gets to feel the wind sail past him like he never has before.

Probably the closest to my heart is the fact that he also gets to experience the joy of riding with friends. Through participation with Special Olympics he gets to build lifelong relationships while getting great exercise and learning good sportsmanship.

What fine experiences he is gaining through participation with them. He even won 2 gold medals at the last biking event!

A bike is such a tangible thing but it offers the opportunity for so many intangible things. Thank you all for providing this gift and these opportunities to our son.

Sincerely,

Ezekiel's parents

edited for length

## FAVORITE FUNDRAISERS

Aaron and Jonah Zekman love to bike and love to help others. For the past two years their team has raised the most money at Miles4Alex at the Birmingham Bike Festival. In addition to appealing to friends and family, the first year the family printed out flyers and canvassed their neighborhood. The second year they recruited friends from school. This year they will be joined by Asher, their younger brother. It truly is a family affair!



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## MILES4ALEX BIRMINGHAM BIKE FESTIVAL

- Sunday, August 24th, 2014 @ 12:20 pm. Rock Companies/Beaumont Children's Fair on Henrietta Street, adjacent to Shain Park from 1-4 pm.
- Kids, families or teams bike Parade-style along with children from Beaumont Children's Hospital Departments of Pediatric Oncology and Pediatric Rehabilitation on a cordoned-off half-mile course.
- Teams can register on [www.Crowdrise.com/miles4alex](http://www.Crowdrise.com/miles4alex)
- Half of monies raised support the Long Term Follow Up Clinic in the Pediatric Oncology Department which assists pediatric cancer survivors who now face medical problems related to past treatments and also to build custom adaptive bikes for children in the Rehabilitation Department. The other money funds our projects in Nepal.
- Donations: Via PayPal on our website [www.Detroit2Nepal.org](http://www.Detroit2Nepal.org)  
Mail checks to D2N, 2035 Bayou, West Bloomfield, Michigan 48323.
- Raffle tickets will be sold prior to and during Miles4Alex. Prizes include gift certificates from The Somerset Collection, watches from Astrein's Jewelers and more.
- Bring bikes and helmets for donation to American Cycle and Fitness located in Royal Oak, Novi, or Pontiac from August 1st - September 1st. These bikes will be distributed to children in Detroit.



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## RAKHA, NEPAL

South Park Elementary School in Deerfield, IL held a dance-a-thon that raised \$6,100 for D2N's toilet projects in Nepal. This money is enough to build almost 30 toilets which will serve over 150 people. 2/3 of all infections in Nepal are secondary to contaminated drinking water; our toilet projects will help lead to clean drinking water and help prevent other infections.



One of many completed toilets in Rakha.

Our hydroelectric project in Rakha that provides electricity to about 4000 homes.



### Rakha Bangdel राखावाङ्देल

